

SUICIDE: UTAH 2016 FACTS & FIGURES

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Utah	559	20.57	5
Nationally	42,773	12.93	

Suicide is the **8th leading** cause of death overall in Utah.



On average, one person dies by suicide **every 15.6 hours** in the state.

Based on most recent 2014 data from CDC



Suicide cost Utah a total of **\$629,958,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,331,835** per suicide death.

IN UTAH, SUICIDE IS THE...

3rd leading cause of death for ages 10-14

2nd leading cause of death for ages 15-44

4th leading cause of death for ages 45-54

6th leading cause of death for ages 55-64

16th leading cause of death for ages 65 & older

Nine times as many people die by suicide in Utah annually than by homicide; the total deaths to suicide reflect a total of **13,185** years of potential life lost (YPLL) before age 65.



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Suicide Prevention

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SUICIDE PREVENTION PROGRAMS AND INITIATIVES

- The Utah Suicide Prevention Coalition (<http://utahsuicideprevention.org/>) is a public-private partnership of community members, suicide survivors, service providers, researchers, and others. The Coalition meets monthly and has four workgroups: community awareness, training & education, epidemiology, and policy.
- The Coalition is rewriting the state's suicide prevention plan, originally released by the Division of Substance Abuse and Mental Health in 2007; a draft of the 2013 revision is available online at http://utahsuicideprevention.org/images/pdf/Suicide_State_Plan_goals_obj_2.pdf.
- The Intermountain Injury Control Research Center, affiliated with the University of Utah, conducts statewide suicide research and surveillance.
- Utah law (§53A-1-603) requires all licensed employees of school districts and charter schools to complete two hours of professional development training on youth suicide prevention within their license cycle, as part of existing professional development training requirements (HB 501, adopted 3/26/2012).
- Utah law (§53A-15-1301) requires the State Board of Education to designate a coordinator to oversee school district and charter school youth suicide prevention programs (now required for students in secondary grades) and establish model programs. The law (§62A-15-1101) also requires the Division of Substance Abuse and Mental Health to designate a state suicide prevention coordinator to coordinate suicide prevention programs and efforts statewide with multiple entities, including the State Board of Education, and appropriate funds for oversight and implementation of such programs (both sections included within HB 154, adopted on 3/27/2013).
- Utah law (§53A-15-1302) requires school districts to offer evening parent seminars at no cost to parents in at least one school in the district. The State Board of Education must develop the curriculum for these seminars to include information on substance abuse, bullying, mental health, depression, suicide awareness and prevention (including means restriction), and Internet safety (HB 329, adopted 4/1/2014).
- Utah law (HB 209, adopted 3/23/2015) now requires at least 2 hours of training in suicide prevention as a condition of licensure for recreational therapists, social workers, marriage and family therapists, clinical mental health counselors, and substance use disorder counselors.

GET INVOLVED

The AFSP Utah Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. For more information or to volunteer, please contact:

AFSP – UTAH

utah@afsp.org

BECOME AN ADVOCATE IN UTAH

AFSP's Utah advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

To get involved, contact:

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LEADING THE FIGHT AGAINST SUICIDE

We fund research, offer educational programs, advocate for public policy and support those affected by suicide. Headquartered in New York, AFSP has local chapters in all 50 states



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